

SELF-PERFECTION & ACTION

Two things are necessary for our self-perfection. One is to arouse and inspire ourselves. The other, by far the harder, is to carry out our good resolutions and retain the inspiration when it comes down to action.

—R' Naftali of Amsterdam*

* Quoted by R' Chaim Ephraim Zaitchik in *Sparks of Mussar* (Jerusalem: Feldheim Publishers, 1985), p. 104.